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[Environmental and Architectural Psychology: The Basics 1st Edition](#)

"Environmental and Architectural Psychology: The Basics 1st Edition," authored by Dr. Rebecca G. G. Chen, is an essential resource for students, practitioners, and anyone passionate about the intricate relationship between psychological processes and the built environment. Published by Springer in 2020, this comprehensive guide explores the fundamental principles of environmental and architectural psychology, delving into how design influences human behavior, emotions, and well-being. Dr. Chen skillfully articulates complex concepts, making them accessible through engaging explanations and real-world examples. This book covers a spectrum of topics including the effects of space and design on mood, productivity, and social interactions, while also discussing sustainability and the psychological impacts of climate change. The inclusion of case studies and practical applications ensures readers can see how theory translates into impactful design choices. With an ISBN of 978-3-030-34551-4, this text serves as both a foundational reference and an inspiring call to consider the psychological implications of our environments. Whether you are an architecture student, a mental health professional, or a design enthusiast, this book provides invaluable insights on creating spaces that enhance human experience. By bridging the gap between architectural design and psychological theory, "Environmental and Architectural Psychology: The Basics" is a pivotal addition to the literature in both fields, equipping readers with the knowledge to design spaces that support mental health and foster community well-being. Embrace the opportunity to enrich your understanding of how the built environment can profoundly impact us, both individually and collectively, with Dr. Chen's expert guidance.