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[The Pocket Atlas of Skeletal Muscles: A Reference for Students of Physical Therapy, Medicine, Sports, and Bodywork 1st Edition](#)

The Pocket Atlas of Skeletal Muscles: A Reference for Students of Physical Therapy, Medicine, Sports, and Bodywork, authored by Christopher J. DeRosa and published by Thieme, is an indispensable resource for anyone studying human anatomy and musculoskeletal mechanics. This first edition serves as a comprehensive guide that meticulously details the structure and function of skeletal muscles, making it an essential tool for students and practitioners in physical therapy, medicine, sports science, and bodywork. With its user-friendly format and visually engaging illustrations, the atlas not only enhances the learning experience but also improves retention of complex anatomical information. The inclusion of clear, concise descriptions accompanying each illustration provides invaluable context, facilitating a deeper understanding of each muscle's role within the human body. Whether you are preparing for exams, enhancing your clinical practice, or embarking on a journey of self-study, this atlas is tailored to meet your needs. The ISBN for this crucial educational tool is 978-3131398314. As you navigate through the intricate details of muscle anatomy, The Pocket Atlas of Skeletal Muscles stands out as a trusted companion, bridging the gap between theory and practical application. Equip yourself with this essential reference, and take your knowledge of human anatomy to the next level. No matter the specific focus of your studies, this atlas will empower you with the expertise required to excel in the dynamic fields of health and physicality. Dive into the pages of this wealth of knowledge and let your understanding of skeletal muscles flourish.