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[Nail Disorders 1st Edition](#)

"Nail Disorders, 1st Edition" by Dr. Sarah M. Martin is an essential resource for dermatologists, podiatrists, and healthcare professionals dedicated to understanding and treating various nail conditions. Published by ABC Medical Press, this comprehensive guide covers a wide range of topics, from common nail disorders to complex systemic conditions that manifest in nail abnormalities. With an ISBN of 978-1-23456-789-0, this book meticulously examines the anatomy and physiology of nails, providing insights into their development, structure, and function. Dr. Martin, a leading expert in dermatology, combines her extensive clinical experience with the latest research findings to offer practical advice on diagnosis and management. Each chapter is enriched with high-quality illustrations and clinical photographs that enhance the reader's ability to recognize and differentiate between disorders like fungal infections, nail dystrophies, and ingrown nails. The book not only outlines treatment options but also emphasizes the importance of patient education and preventive care. Accessible yet authoritative, "Nail Disorders" is designed to empower practitioners with the knowledge needed to improve patient outcomes. Its user-friendly format allows for quick reference, making it a valuable addition to any medical library or practice. Whether you're a seasoned professional or a trainee, this guide serves as a vital tool in navigating the complexities of nail health. Don't miss the opportunity to stay at the forefront of dermatological care; enrich your expertise with this indispensable book that bridges the gap between theory and practical application in the field of nail disorders.