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[Hypertension \(Oxford Cardiology Library\) 3rd Edition](#)

Hypertension (Oxford Cardiology Library) 3rd Edition, authored by John C. Goodman and published by Oxford University Press, is an essential resource for healthcare professionals and students aiming to deepen their understanding of hypertension and its clinical management. With the ISBN 9780198827831, this comprehensive guide presents the latest research, clinical guidelines, and expert insights into the complexities of hypertension, addressing both its pathophysiology and evidence-based treatment strategies. This edition reflects current trends and advancements in cardiovascular medicine, making it a crucial text for those involved in cardiology and general practice. The book delves into the etiology, risk factors, and multifaceted nature of hypertension, providing readers with a thorough overview of diagnostic approaches and therapeutic options tailored for individual patient profiles. Each chapter features practical tools and illustrations, aiding in the retention of critical information and application in clinical settings. Notably, the book also emphasizes the integration of lifestyle modifications into medical treatment plans, reinforcing the significance of a holistic approach to managing high blood pressure. Hypertension (Oxford Cardiology Library) serves as an invaluable reference for seasoned practitioners as well as a foundational text for trainees, ensuring they are equipped with the knowledge necessary to make informed decisions in managing hypertensive patients. Whether for academic use or clinical practice, this updated edition guarantees that readers are provided with the most relevant, evidence-based information to navigate the challenges associated with hypertension.