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[Ham's Primary Care Geriatrics: A Case-Based Approach 7th Edition](#)

"Ham's Primary Care Geriatrics: A Case-Based Approach, 7th Edition," authored by Dr. Mary H. B. Gilbert and published by Elsevier, is an indispensable resource for healthcare professionals dedicated to enhancing the quality of care for older adults. This comprehensive guide focuses on real-life, case-based scenarios that reflect the complexities of geriatric medicine, allowing clinicians to develop critical thinking and practical skills necessary for effective diagnosis and treatment. With an emphasis on interdisciplinary teamwork and evidence-based practices, the book expertly addresses common geriatric challenges, such as chronic disease management, polypharmacy, functional assessment, and end-of-life care. The 7th edition is meticulously updated to include the latest research findings, clinical guidelines, and innovative approaches in geriatrics, equipping readers with the tools they need to navigate the rapidly evolving landscape of elderly care. Ideal for primary care physicians, nurse practitioners, and medical students, this text fosters a holistic understanding of the aging population and encourages the integration of compassionate, patient-centered care. With its engaging case studies and practical insights, "Ham's Primary Care Geriatrics" not only serves as a vital reference but also as a hands-on guide to improving health outcomes for seniors. The book also features an ISBN of 978-0323357651, making it easily accessible for those looking to expand their geriatric knowledge. Whether you're a seasoned practitioner or new to the field, this edition is an essential addition to your medical library, providing valuable knowledge and skills essential for the care of older adults.