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[Textbook for MRCOG-1: Basic Sciences in Obstetrics and Gynaecology 2nd Edition](#)

"Textbook for MRCOG-1: Basic Sciences in Obstetrics and Gynaecology, 2nd Edition" by Dr. Sabaratnam Arulkumaran is a comprehensive guide designed specifically for candidates preparing for the MRCOG-1 examination. Published by Cambridge University Press, this essential textbook offers a thorough exploration of the foundational scientific principles necessary for understanding obstetrics and gynaecology. With an ISBN of 9781108677866, the book delves into critical topics such as anatomy, physiology, biochemistry, pathology, and pharmacology as they relate to women's health. Dr. Arulkumaran's expertise is evident throughout, as he distills complex concepts into clear and accessible information, making it easier for medical professionals and students alike to grasp the intricacies of the subject matter. The second edition has been updated with the latest guidelines and evidence-based practices, ensuring that readers have access to the most current content in the field. Richly illustrated and filled with practical examples, this textbook not only serves as a valuable resource for exam preparation but also as a vital reference for clinical practice. Whether you're a medical student, a professional embarking on a career in obstetrics and gynaecology, or simply seeking to enhance your understanding of the basic sciences underpinning these specialties, this book is an indispensable tool. With its focus on quality information and effective learning strategies, "Textbook for MRCOG-1" stands out as an authoritative resource in the realm of obstetrics and gynaecology education. Embrace the knowledge contained within its pages and prepare to excel in your MRCOG-1 examination with confidence.