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[Dental Management of Sleep Disorders 2nd Edition](#)

Dental Management of Sleep Disorders, 2nd Edition, authored by Dr. Michael A. McNair and published by Springer, is an essential resource for dental professionals seeking to enhance their understanding and management of sleep-related disorders. This comprehensive guide delves into the complexities of sleep medicine, providing in-depth insights into common conditions such as obstructive sleep apnea, insomnia, and restless legs syndrome, and explores the critical role that dental practitioners play in diagnosing and treating these conditions. With the latest research and evidence-based practices, this edition highlights advanced diagnostic techniques and treatment modalities, including oral appliance therapy, which has gained recognition as a viable option for patients unable to tolerate CPAP therapy. The book also discusses interdisciplinary approaches, emphasizing collaboration with healthcare providers such as sleep specialists, primary care physicians, and other relevant professionals to ensure comprehensive patient care. Clear illustrations and case studies enrich the content, making it accessible for both seasoned practitioners and newcomers to the field. This edition aims to equip dental practitioners with the knowledge and tools needed to improve patient outcomes through effective management of sleep disorders. The ISBN for this critically acclaimed text is 978-3-030-56147-3. Whether you are looking to expand your practice or enhance your skills in managing sleep disorders, Dental Management of Sleep Disorders, 2nd Edition, is the definitive guide that bridges the gap between dentistry and sleep medicine. Enhance your expertise and provide the best care possible to your patients with this indispensable reference.