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[Clinical Fundamentals of Esthetic Posterior Restorations 1st Edition](#)

"Clinical Fundamentals of Esthetic Posterior Restorations, 1st Edition" by Dr. Paul A. A. J. van der Meer, published by Elsevier, is an essential resource for dental practitioners seeking to enhance their expertise in restorative dentistry. With an ISBN of 978-0323357624, this comprehensive guide delves into the critical aspects of esthetic posterior restorations, combining theoretical knowledge with practical application. Dr. van der Meer expertly outlines the latest techniques and materials, emphasizing the importance of achieving both functionality and aesthetics in posterior restorations. The book covers a variety of topics, including the principles of occlusion, tooth preparation, material selection, and the step-by-step procedures for placing direct and indirect restorations, ensuring that readers develop a thorough understanding of the clinical foundations necessary for success in this field. Richly illustrated and featuring case studies, the content not only addresses common challenges faced by clinicians but also provides innovative solutions to enhance patient outcomes. This edition is designed to be user-friendly for dental students and seasoned professionals alike, offering valuable insights into the integration of contemporary esthetic practices within everyday dentistry. Whether you're looking to refine your skills or expand your knowledge base, "Clinical Fundamentals of Esthetic Posterior Restorations" is an indispensable addition to your dental library, presenting a blend of science and artistry crucial for modern restorative practices. Empower your practice with the knowledge to create beautiful, lasting restorations that meet the demands of today's patients and their esthetic expectations.