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[Autologous Blood Concentrates 2nd Edition](#)

"Autologous Blood Concentrates, 2nd Edition" by Dr. J. T. O. M. van der Meer, published by Springer, is an essential resource for medical professionals, researchers, and students interested in the cutting-edge field of regenerative medicine. This comprehensive guide provides an in-depth exploration of the biological, clinical, and practical aspects of autologous blood concentrates, which are derived from a patient's own blood and used for various therapeutic applications. The book discusses the latest advancements in the production and application of these concentrates, including platelet-rich plasma (PRP) and bone marrow aspirates, highlighting their significant role in promoting healing, reducing inflammation, and enhancing tissue regeneration. With a focus on evidence-based practices, the second edition also includes expanded coverage of clinical protocols, case studies, and the ethical considerations surrounding the use of autologous therapies. The author, Dr. van der Meer, brings a wealth of expertise and a critical approach to the subject, ensuring that readers are equipped with the knowledge needed to implement these innovative techniques in their practice. With meticulous attention to detail, this edition features updated references and illustrations that facilitate a deeper understanding of the methodologies discussed. Ideal for orthopedic surgeons, sports medicine specialists, and practitioners in various fields, "Autologous Blood Concentrates" is a pivotal text that bridges the gap between theoretical knowledge and practical application. The ISBN for this invaluable resource is 978-3-030-45347-1, making it an accessible and must-have addition to any medical library. Whether you are looking to enhance your therapeutic arsenal or stay updated with the latest research, this book offers a solid foundation in the principles and practices of autologous blood concentrates.