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[Textbook of Diabetes and Pregnancy 4th Edition](#)

"Textbook of Diabetes and Pregnancy, 4th Edition," authored by the esteemed Dr. Peter Schwarz and published by Wiley-Blackwell, is an essential comprehensive resource for healthcare professionals involved in the care of women with diabetes during pregnancy. This fourth edition builds upon the rich foundation of previous editions, thoroughly updating and expanding its content to incorporate the latest research, clinical guidelines, and practical approaches in managing diabetes in the context of pregnancy. The book explores critical topics such as preconception care, management of diabetes throughout pregnancy, and postpartum considerations, ensuring that healthcare providers are equipped with the most current knowledge to support their patients. Additionally, it delves into the physiological changes that occur during pregnancy and how these impact both maternal and fetal health, emphasizing the multidisciplinary approach required in managing diabetic pregnancies. With a focus on evidence-based practices, the textbook also includes case studies and real-world scenarios that enhance learning and application in clinical settings. The inclusion of contemporary topics such as technology use in diabetes management and the impact of social determinants on health further enhances the book's relevance in today's healthcare landscape. With an ISBN of 978-1119431662, this textbook serves not only as a foundational text for medical professionals in endocrinology and obstetrics but also as a vital reference for researchers and educators seeking to deepen their understanding of the intersection between diabetes and pregnancy. Whether you are a seasoned clinician or a student entering the field, this definitive guide is an invaluable asset that will inform and inspire your practice, ultimately improving outcomes for both mothers and their babies.