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[Rehabilitation of the Hand and Upper Extremity 7th Edition](#)

"Rehabilitation of the Hand and Upper Extremity, 7th Edition," authored by Terri M. Skirven, A. Lee Osterman, Jane Fedorczyk, and Peter C. C. Wiperman, is an essential resource for healthcare professionals specializing in hand therapy and upper extremity rehabilitation. Published by Elsevier, this comprehensive text delves into the intricacies of hand anatomy, pathologies, and the latest therapeutic techniques, offering a well-rounded perspective for practitioners striving to enhance patient outcomes. With its meticulous attention to detail and cutting-edge research, this seventh edition serves as both a foundational reference and a practical guide, ensuring that therapists are equipped with the knowledge to address a diverse range of conditions from traumatic injuries to chronic disorders. The book emphasizes evidence-based practices, featuring updated clinical guidelines, innovative treatment protocols, and insightful case studies that reflect contemporary approaches in the field. Readers will appreciate the clear and concise organization of content, making complex concepts accessible and easy to navigate. The inclusion of high-quality illustrations and diagrams further enriches the learning experience, aiding in the visualization of anatomy and procedural techniques. Whether you are an experienced practitioner or a newcomer to hand therapy, this book is a vital addition to your professional library. With its ISBN of 978-0323357626, it is an indispensable tool for enhancing your skills and improving the care you provide to patients seeking rehabilitation for hand and upper extremity conditions. Ideal for physical and occupational therapists, orthopedic surgeons, and any professional involved in upper extremity care, "Rehabilitation of the Hand and Upper Extremity" stands as a hallmark of excellence and expertise in rehabilitation literature.