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## **[Principles of Hand Surgery and Therapy 3rd Edition + Video](#)**

"Principles of Hand Surgery and Therapy, 3rd Edition" by Dr. A. Lee Osterman, published by Lippincott Williams & Wilkins, is a comprehensive guide that delves into the intricacies of hand surgery and rehabilitation. This updated edition features the latest advancements in surgical techniques and therapeutic strategies, ensuring that both seasoned practitioners and newcomers to the field have access to the most current information. The book encompasses a blend of fundamental principles and innovative approaches, supported by detailed illustrations and video content that enhance the learning experience. With a focus on evidence-based practice, this edition emphasizes the importance of patient-centered care in achieving optimal outcomes. Dr. Osterman's expertise shines through as he addresses common hand conditions, complex surgical procedures, and the essential roles of interdisciplinary collaboration and therapy in recovery. The inclusion of a video component provides practical demonstrations of surgical techniques and therapeutic exercises, making this resource invaluable for those looking to refine their skills. The ISBN for this edition is 978-1496328165. This book stands as an indispensable resource for hand surgeons, orthopedic specialists, and physical therapists, offering a thorough understanding of both the surgical and rehabilitative aspects of hand care. Whether you are preparing for certification or seeking to enhance your clinical practice, "Principles of Hand Surgery and Therapy" serves as a pivotal reference that bridges the gap between surgery and patient recovery, promoting a holistic approach to hand health. This edition not only supports continued professional development but also equips healthcare providers with the knowledge and tools necessary to improve patient outcomes in hand therapy and surgery.