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[Pain Psychology for Clinicians: A Practical Guide for the Non-Psychologist Managing Patients with Chronic Pain 1st Edition](#)

In "Pain Psychology for Clinicians: A Practical Guide for the Non-Psychologist Managing Patients with Chronic Pain," author Dr. Carolyn McManus presents an essential resource for healthcare professionals seeking to enhance their understanding of the psychological dynamics involved in managing chronic pain. This first edition, published by Springer Publishing Company, serves as a comprehensive guide tailored for those who may lack a formal background in psychology but encounter patients struggling with persistent pain. With an emphasis on practical strategies and evidence-based approaches, Dr. McManus delineates how psychological factors can influence pain perception, coping mechanisms, and overall treatment outcomes. The book is meticulously structured to offer insights into the psychological assessments that can be integrated into clinical practice, as well as practical interventions that clinicians can implement to support their patients effectively. It covers a range of topics, including the biopsychosocial model of pain, cognitive-behavioral techniques, and the role of patient-provider communication in fostering better management of pain. Armed with this knowledge, clinicians in various fields—whether they are primary care physicians, physical therapists, or nurses—will be better equipped to address the complexities of chronic pain, improving patient experiences and treatment results. The ISBN for this invaluable guide is 978-0826150670, making it a must-have addition to the library of any professional dedicated to the holistic treatment of chronic pain sufferers. With its clear and accessible writing, "Pain Psychology for Clinicians" is designed to empower healthcare providers to bridge the gap between psychological principles and practical patient care, ensuring that every patient receives comprehensive support in their journey toward wellness.