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[DeLee, Drez and Miller's Orthopaedic Sports Medicine 5th Edition + Video](#)

"DeLee, Drez and Miller's Orthopaedic Sports Medicine, 5th Edition + Video," authored by experts in the field, is a comprehensive resource that stands at the forefront of sports medicine education and practice. Published by Elsevier, this latest edition is meticulously designed to provide an in-depth understanding of the latest advancements, techniques, and concepts in orthopaedic sports medicine. With ISBN 978-0323357624, this volume integrates current research and evidence-based practices to enhance the reader's clinical decision-making skills. The authors, Dr. Robert D. Drez, Dr. James H. Miller, and Dr. Michael A. DeLee, bring their extensive experience and expertise to the pages, ensuring that practitioners, students, and researchers alike have access to a valuable repository of knowledge. The book includes a wealth of illustrations, case studies, and videos that elucidate complex concepts, making it an essential tool for both learning and reference. Each chapter is carefully crafted to cover critical topics ranging from injury prevention and diagnosis to surgical interventions and rehabilitation strategies. This edition not only addresses the fundamentals but also delves into emerging trends, providing insights into the future of sports medicine. Whether you are a seasoned professional looking to stay updated or a newcomer eager to build a solid foundation, this text serves as an indispensable companion in the dynamic field of orthopaedic sports medicine. Its balance of theoretical knowledge and practical application solidifies its status as a go-to resource for anyone involved in the care of athletes and active individuals.