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[Inherited Metabolic Disease in Adults: A Clinical Guide 1st Edition](#)

Inherited Metabolic Disease in Adults: A Clinical Guide, authored by Dr. Michael J. Korenberg and published by Springer in 2021, serves as an essential resource for healthcare professionals navigating the complex realm of inherited metabolic disorders in the adult population. With the ISBN 978-3-030-45690-8, this groundbreaking volume offers a comprehensive and systematic approach to diagnosis, management, and treatment strategies tailored specifically for adult patients suffering from these conditions. Dr. Korenberg, a prominent figure in the field, combines his extensive clinical experience with the latest research to provide an in-depth understanding of various metabolic pathways and their implications on adult health. This guide covers a wide array of disorders, including urea cycle disorders, fatty acid oxidation defects, and amino acid metabolism issues, all presented with clarity to facilitate quick reference in clinical practice. The book emphasizes a multidisciplinary approach, integrating insights from genetics, biochemistry, and clinical medicine to enhance the care of adult patients. Additionally, it highlights the importance of early detection and personalized treatment plans, ensuring that practitioners are equipped with the most current information to make informed decisions. Inherited Metabolic Disease in Adults is not only a crucial textbook for clinicians but also a valuable reference for researchers and educators in the field, promoting an understanding of the nuances of metabolic diseases that were historically underexplored in adult populations. This guide is a must-have for those committed to advancing the care of individuals affected by inherited metabolic disorders, bridging the gap between childhood and adult metabolic health management.