The New Zealand College of Chinese Medicine offers a range of NZQA approved programmes.

New Zealand Diploma in Relaxation Massage Level 5 New Zealand Diploma in Remedial Massage Level 6

Bachelors in Health Sciences (Acupuncture - 3 years)
(Chinese Medicine - 4 years)
Graduate Certificate in Chinese Medicine
(Tui Na Massage)
English NZCEL Levels 4 & 5

MORE INFORMATION ABOUT RELAXATION MASSAGE LEVEL 5

On successful completion of this qualification, you will be able to work in the wellness and relaxation industries, become employable in a wide range of jobs such as spa, home-based massage, mobile clinics, and retail malls.

Our programmes are recognised by the national peak professional body,

Massage Aotearoa New Zealand with free student membership.

The Level 5 Programme of Study prepares you for the Level 6 Remedial Massage Diploma and to work more closely with the Allied Health sector, in multidisciplinary clinics, or your own business.

Why choose to study massage with us?

The college has transitioned from fully face to face delivery to a seamless flow of hybrid classrooms with block courses to ensure professional practice.

We welcome students from diverse work life experiences and back grounds with an inclusive approach to study.

Students living in Tamaki Makaurau share classrooms with students from all parts of Aotearoa New Zealand.

We are committed to teaching massage through the experienced knowledge and skills of professional practitioners who are also educators.

Enrol now for 9th February, 2026 intake.

0064 9 580 2376

0800 888518

enrolment@chinesemedicine.ac.nz



New Zealand College of Chinese Medicine

New Zealand Diploma

in Wellness and Relaxation

Massage NZQA Category 2 PTE

NZQA qualification

Recognised by Massage Aotearoa New Zealand.

One-year study for your entry level to the profession.

Flexible delivery options available with block course intensives to consolidate practice.

TUITION FEES

TEC-approved fee rates for 2025 effective from 22nd Nov 2024

Domestic students: \$8167annual fee (GST inc.).

Student Loans available

Fees free options where eligible

International students: \$17330 annual fee (GST inc.)



Start or change your career.

We offer Full-time and Part-time options

(criteria apply)

New Zealand Diploma in Wellness and Relaxation Massage (Level 5) Programme

Semester 1

MBMS1 15 Credits

Massage Biomedical Science 1

MBMS2 15 Credits

Massage Biomedical Science 2

MCS 1 10 Credits

Massage Clinical Science 1

MCS 2 20 Credits

Massage Clinical Science 2

Massage Clinical Science 2

Semester 2

MPP 15 Credits

Massage Professional Practise

MCP 45 Credits

Massage Clinical Practicum



Scan the QR code to Enquire

ENTRY REQUIREMENTS

All applicants are required to undergo an interview with the Student Services Advisor or Programme Coordinator.

Minimum 17 years have passed at least NCEA L2 60 credits or equivalent (preferably including Biology).

No communicable disease conditions, or physical or psychological impairments that may adversely affect the ability to undertake a practical and theoretical programme of study, or work with people in a clinical setting.

All applicants must be able to competently communicate in English.

International students whose first language is not English must have a minimum overall IELTS (Academic) score of 5.5 with no ban lower than 5.0, or equivalent evidence of English language competency.

International students must be on shore in Aotearoa New Zealand and study on campus, and complete all immigration requirements including evidence of appropriate medical and travel insurance and a valid Student Visa.

